

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ciommo Fabio HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN			Heat:3, starttime: 09:03
Heat: 3/7 Lane : 3 Athlete: CIOMMO ALESSANDER			Q-time: 00:59:74
PB (50m pool): 00:59.74 Antwerpen 27/07/2025			PB (25m pool): 00:59.10 SB: 01:00.18 Luxembourg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:27.01	00:59.74	
	00:27.01	00:32.73	
			

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN			Heat:3, starttime: 09:03
Heat: 3/7 Lane : 7 Athlete: DE SWERDT MATHIAS			Q-time: 01:00:62
PB (50m pool): 01:00.62 Antwerpen 22/03/2026			PB (25m pool): 00:57.68 SB: 01:00.62 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:27.06	01:00.62	
	00:27.06	00:33.56	
			

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN			Heat:7, starttime: 09:10
Heat: 7/7 Lane : 2 Athlete: DE SWERDT NIELS			Q-time: 00:56:90
PB (50m pool): 00:56.90 Antwerpen 27/04/2025			PB (25m pool): 00:54.79 SB: 00:57.21 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:26.31	00:56.90	
	00:26.31	00:30.59	
			

Coach feedback:

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: TRUST

Event number: 5: 100M BREASTSTROKE MEN			Heat:9, starttime: 10:16
Heat: 9/9 Lane : 2 Athlete: DEPREZ LUKAS			Q-time: 01:04:88
PB (50m pool): 01:04.61 Antwerpen 28/07/2024			PB (25m pool): 01:02.33 SB: 01:05.21 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:04.61	
	no time		
			

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN			Heat:2, starttime: 10:19
Heat: 2/6 Lane : 6 Athlete: ROSKIN LOTTE			Q-time: 00:36:67
PB (50m pool): 00:36.67 Antwerpen 13/07/2025			PB (25m pool): 00:35.47 SB: 00:37.77 Antwerpen 15/03/2026
	5 0 M		
PB	00:36.67		
	00:36.67		
			

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN			Heat:6, starttime: 10:24
Heat: 6/6 Lane : 1 Athlete: LENAERTS HAILEY			Q-time: 00:35:39
PB (50m pool): 00:35.39 Antwerpen 27/07/2025			PB (25m pool): 00:34.67 SB: 00:35.65 Molenbeek 01/02/2026
	5 0 M		
PB	00:35.39		
	00:35.39		
			

Coach feedback:

Event number: 9: 50M FREESTYLE MEN			Heat:1, starttime: 10:56
Heat: 1/12 Lane : 5 Athlete: DEPREZ LUKAS			Q-time: 00:25:61
PB (50m pool): 00:25.61 Luxembourg 26/04/2026			PB (25m pool): 00:25.46 SB: 00:25.61 Luxembourg 26/04/2026
	5 0 M		
PB	00:25.61		
	00:25.61		
			

Coach feedback:

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: TRUST

Event number: 9: 50M FREESTYLE MEN				Heat:4, starttime: 10:59	
Heat: 4/12 Lane : 2 Athlete: VANDERHULST MIDAS				Q-time: 00:25:21	
PB (50m pool): 00:25.36 Antwerpen 22/03/2026				PB (25m pool): 00:24.54 SB: 00:25.36 Antwerpen 22/03/2026	
	5 0 M				
PB	00:25.36				
	00:25.36				
					

Coach feedback:

Event number: 9: 50M FREESTYLE MEN				Heat:5, starttime: 11:00	
Heat: 5/12 Lane : 5 Athlete: DE SWERDT MATHIAS				Q-time: 00:24:96	
PB (50m pool): 00:24.96 Antwerpen 22/03/2026				PB (25m pool): 00:24.04 SB: 00:24.96 Antwerpen 22/03/2026	
	5 0 M				
PB	00:24.96				
	00:24.96				
					

Coach feedback:

Event number: 9: 50M FREESTYLE MEN				Heat:6, starttime: 11:01	
Heat: 6/12 Lane : 3 Athlete: DE SWERDT NIELS				Q-time: 00:24:79	
PB (50m pool): 00:24.79 Luxembourg 26/04/2026				PB (25m pool): 00:23.46 SB: 00:24.79 Luxembourg 26/04/2026	
	5 0 M				
PB	00:24.79				
	00:24.79				
					

Coach feedback:

Event number: 9: 50M FREESTYLE MEN				Heat:7, starttime: 11:02	
Heat: 7/12 Lane : 7 Athlete: MATTHEUS IBE				Q-time: 00:24:71	
PB (50m pool): 00:24.71 Antwerpen 27/07/2025				PB (25m pool): 00:23.54 SB: 00:24.80 Antwerpen 22/03/2026	
	5 0 M				
PB	00:24.71				
	00:24.71				
					

Coach feedback:

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: TRUST

Event number: 9: 50M FREESTYLE MEN										Heat:8, starttime: 11:03	
Heat: 8/12 Lane : 6 Athlete: CIOMMO ALESSANDER									Q-time: 00:24:32		
PB (50m pool): 00:24.32 Luxembourg 01/02/2026										PB (25m pool): 00:23.46 SB: 00:24.32 Luxembourg 01/02/2026	
	5 0 M										
PB	00:24.32										
	00:24.32										
											

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED							Heat:1, starttime: 11:22	
Heat: 1/1 Lane : 7 Athlete: TEAM TRUST 1							Q-time: 04:21:40	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: